NORTHERN WEIGHTLIFTING REGIONAL MASTERS

Grindon young peoples centre, Sunderland.

7th FEBRUARY 2026.

WOMEN ONLY

Next attempt shift and underscore will remain white. Good lift insert number and will turn green. No lift put an X in front and it will turn red

START No.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	Age	AGE GROUP	ANNOUNCED CATEGORY	NEW BODYWEIGHT CATEGORY KG	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	Q-POINTS	AGE COEFFIENT	QHMF	PLACE Q/T
										1	2	3		1	2	3						
	WOMEN	SESSION 1																				
1	HELEN	FORE	Manchester S&C	1963	63	W60	77	77	74.90	31	33	x35	33	51	x54	x55	51	84	106.276	1.841	195.65	1
12	KERRY	GASCOIGNE	Dominus	1969	57	W55	+86	+86	86.90	20	25	28	28	35	38	x40	38	66	79.399	1.575	125.05	1
2	KATH	MILLARD	Manchester S&C	1972	54	W50	53	53	51.60	30	x34	x35	30	40	44	x46	44	74	114.310	1.456	166.44	1
5	LISA	CLOWES	North Tyneside barbell	1980	46	W45	69	69	68.10	55	58	x61	58	67	71	x75	71	129	169.561	1.216	206.19	1
3	TARA	ALSADRATOS	North Tyneside barbell	1983	43	W40	57	57	56.40	30	x33	x35	30	40	x43	x43	40	70	101.548	1.155	117.29	1
4	JULIA	GLOTZ	North Tyneside barbell	1982	44	W40	63	63	61.50	32	35	40	40	42	46	50	50	90	124.194	1.173	145.68	1
6	LAURA	McNALLY	North Tyneside barbell	1988	38	W35	53	53	51.60	x35	x35	35	35	45	48	x50	48	83	128.213	1.084	138.98	1
7	CHARLOTT	IBBETTSON	North Tyneside barbell	1989	37	W35	69	69	68.30	55	x58	x58	55	73	76	x80	76	131	171.971	1.073	184.53	1
11	NATALIE	PAVER	Dominus	1988	38	W35	77	77	72.40	35	40	43	43	50	53	56	56	99	126.888	1.084	137.55	1
8	LISA	HILL	Manchester S&C	1988	38	W35	+86	+86	92.40	35	38	x43	38	50	55	60	60	98	115.711	1.084	125.43	2
9	FAYE	TOWARD	Unattached	1989	37	W35	+86	+86	100.50	45	47	50	50	67	68	70	70	120	138.263	1.073	148.36	1
10	ROMY	KING	Dominus			G	77	77	69.20	50	54	x57	54	65	69	x73	69	123	160.570	#N/A	#N/A	G
	Referees																					
L	A Baker		Speaker/Marshall																			
C	S Trebillcock		Paul Sheen																			
R	X Marshall																					
	Loaders																					
	Ben Peggie																					
	Nicola	Adams-Quackenbush																				