NORTHERN WEIGHTLIFTING REGIONAL MASTERS.

Grindon young peoples centre. Sunderland

7th Feb 2026

MEN ONLY

Next attempt shift and underscore will remain white. Good lift insert number and will turn green. No lift put an X in front and it will turn red

START No.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	Age	AGE GROUP	ANNOUNCED CATEGORY	NEW BODYWEIGHT CATEGORY KG	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	Q-POINTS	AGE COEFFIENT	QMF	PLACE Q/T
										1	2	3		1	2	3						
	MEN	SESSION 1																				
1	PAUL	LYNAS	Atlas	1959	67	M65	60	60	59.40	45	48	50	50	55	60	62	62	112	180.340	1.693	305.32	1
2	ANT	DUTHOIT	North Tyneside barbell	1959	67	M65	88	88	87.70	45	48	x51	48	55	58	x60	58	106	133.070	1.693	225.29	2
3	MALCOLM	NUTTALL	Addlington	1960	66	M65	88	88	86.40	48	50	53	53	68	x70	70	70	123	155.386	1.654	257.01	1
5	MICHAEL	BOAK	Unattached	1972	54	M50	110	110	97.90	60	62	x65	62	x100	100	x102	100	162	194.982	1.327	258.74	1
6	PETER	OLDFIELD	Manchester S&C	1980	46	M45	71	71	70.00	34	36	x40	36	45	50	x55	50	86	121.360	1.187	144.05	1
7	MARK	HELME	Unattached	1979	47	M45	94	94	93.20	x70	70	72	72	x90	90	x93	90	162	198.523	1.201	238.43	1
8	ANDREW	BURTON	Cube WL	1986	40	M40	79	79	76.70	75	x80	80	80	x95	95	x100	95	175	233.994	1.112	260.20	1
9	ALEX	DINSDALE	Unattached	1983	43	M40	110	110	100.80	75	80	85	85	93	x97	x97	93	178	212.078	1.148	243.47	1
10	JONATHAN	THIRWALL	Wearside WL	1995	31	G	110	110	106.40	55	57	60	60	100	x105	105	105	165	193.100	1.010	195.04	1
11	MATT	HARRIS	Dominus	1992	34	G	88	88	86.90	x85	88	91	91	115	120	x125	120	211	265.905	1.038	276.09	1
	LEWIS	DEVEY	Unattached	1988	38	M35	94	94	91.50	90	x95	x95	90	110	x115	x117	110	200	246.827	1.088	268.55	1
	REFEREES																					
L	A Baker		Speaker/Marshall																			
C	S Trebillcock		Paul Sheen																			
R	X Marshall																					
	Loaders																					
	Ben Peggie	Olivia Butler																				