



NORTHERN WEIGHTLIFTING
NORTHERN OPEN
MYTHOLMROYD COMMUNITY CENTRE
15 OCTOBER 2016

GROUP	START No	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	AGE CATEGORY	BODYWEIGHT CATEGORY, kg	BODY WEIGH T kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	PLACE	SINCLAIR
									1	2	3		1	2	3				
		Session 3																	
	1	Bobby	Wignall	Team Manchester	1983	SEN	69	67.1	x45	45	x50	45	70	x73	73	73	118	1	150.60
	4	Lucy	Jackson	Team Manchester	1994	U23	+75	90.9	50	55	60	60	75	x80	80	80	140	1	153.59
	3	Jude	Dalton	Mytholmroyd	1983	SEN	+75	77.5	53	56	59	59	74	x78	x78	74	133	2	156.57
	2	Allce	Debnam	Facktory	1988	SEN	+75	77.5	x55	55	57	57	70	x75	75	75	132	3	155.40
		Session 4																	
	1	Sam	Young	Atlas	1985	SEN	85	83.1	x105	x105	105	105	142	x147	150	150	255	1	308.22
	2	Bryn	Jones	York	1961	M	85	83.6	90	94	96	96	x120	x120	120	120	216	2	260.29
	4	Jovanni	Byronies	Mytholmroyd	1993	SEN	85	85.0	x96	x96	96	96	x113	113	x118	113	209	3	249.76
	3	Paul	Gryuck	Manchester S&C	1980	M	85	81.9	80	x86	x88	80	x108	108	x116	108	188	4	228.95
	6	Michael	Howarth	CF Gritstone	1984	SEN	94	94.0	105	110	115	115	x130	130	x138	130	245	1	279.51
	8	Liam	Pearson	Gateshead	1991	SEN	94	91.6	x100	100	-	100	130	x135	135	135	235	2	271.13
	9	Adam	Davies	Gateshead	1989	SEN	94	91.3	100	x104	104	104	120	128	x134	128	232	3	268.06
	5	Stuart	King	Mytholmroyd	1988	SEN	94	87.8	100	x105	105	105	125	x129	x129	125	230	4	270.57
	7	Paul	Fender	Parkhead	1998	U20	94	93.1	90	95	x100	95	x120	120	125	125	220	5	252.02
	10	Saun	Trebilcock	Parkhead	1985	SEN	105	104.4	120	127	132	132	157	164	171	171	303	1	331.81
	12	Mackenzie	Middleton	Adlington	1998	U20	105	103.1	95	100	106	106	130	140	x150	140	246	2	270.60
	11	Mathew	Bowa	Gateshead	1990	SEN	105	95.6	100	105	x110	105	120	126	130	130	235	3	266.20
	13	Richard	Farnie	Blyth Barbells	1989	SEN	+105	110.2	x80	80	85	85	95	100	x110	100	185	1	198.95